



**YAKIMA**

Board Meeting Agenda/Minutes  
1/12/16 Tuesday, January 12, 2016

**OPENING**

The regular board meeting of NAMI-Yakima was called to order at \_4:06\_pm on 1/12/16 Tuesday, at Central Washington Comprehensive Mental Health in Yakima by Jon Nothnagel.

**ROLL CALL:** X=Present, A=Absent, E=Excused

Kellie Crabb	<input type="checkbox"/> E	Jon Nothnagel	<input type="checkbox"/> x	Terry Archer	<input type="checkbox"/> x	Deanna Roy	<input type="checkbox"/> x
Annie Bringloe	<input type="checkbox"/> x	Linda Ovall	<input type="checkbox"/> x	Kate Foddrill	<input type="checkbox"/> A	Lynni Serrata	<input type="checkbox"/> x
Paul Rush	<input type="checkbox"/> x	Dick Paddock	<input type="checkbox"/> x	Benine McDonnell	<input type="checkbox"/> x		

**Notes:**

**OBSERVERS:**

**AGENDA**

Approve Minutes	Deanna Roy
Treasurer Report	Terry Archer
Membership Report	Deanna Roy
Volunteer Report	Deanna Roy
Executive Committee Report	Deanna Roy
Fund Sustainability Report	Jon Nothnagel
*NAMI WALKS 2016	
Education/Support Committee Report	Deanna Roy
*Signature Programs	
*Training Schedule	
*Speaking Engagements	
*Claxon University	
Advocacy Committee Report	Annie Bringloe
*NAMI DAY 2016	
Old Business	Deanna Roy
New Business	Deanna Roy
Agenda for Next Meeting	Deanna Roy
Adjournment	Jon Nothnagel

### **APPROVAL OF MINUTES (Secretary Deanna Roy)**

The minutes of the previous meeting presented by Deanna Roy.

~Motion to approve the minutes as amended by \_Annie Bringloe \_ and seconded by \_Jon Nothnagel \_ . Passed unanimously.

### **TREASURER REPORT (Treasurer Terry Archer)**

The Treasurer Report presented by Kellie Crabb.

\* FY Ending 9/30/2015 books have been given to Tracy Durel for a financial compilation.

Update: Kellie Crabb and Deanna Roy met with Tracy December 22, 2015 and the new procedures were established and put in place by January 1, 2016

\*December 28, 2015 NAMI Yakima opened a checking/savings account with Solarity Credit Union, the month of January will be spent transferring all automatic payments to the new account.

### **MEMBERSHIP REPORT (Liaison/Secretary Deanna Roy)**

Membership as of \_December 29, 2015: \_18\_ **Open Door** and \_47\_ **Regular** for a total of \_65\_ **Members**.

### **VOLUNTEER REPORT (Presented by Deanna Roy)**

\* Volunteer Recognition Event Brainstorm. Board decided to postpone this conversation until February.

### **EXECUTIVE COMMITTEE REPORT (Presented by Deanna Roy)**

Next Executive Committee Meeting is Wednesday, January 27, 2016, 12:30-1:30pm.

The minutes of the December 29, 2015 Executive Committee Meeting were read by Secretary Deanna Roy.

### **FUND SUSTAINABILITY REPORT (Presented by Jon Nothnagel)**

Next Fund Sustainability Committee Meeting to be Tuesday, January 19, 2016, 5:30-7:00pm, C104.

#### **\*NAMI Walks**

NAMI WALKS 2016 is Saturday, June 4, 2016. Team NAMI Yakima: Jon Nothnagel, Deanna Roy, Tina Gamet, and Michelle Chavez. Team NAMI Yakima Goal is \$20,000; Tina Gamet has raised \$101 to date.

\***NAMI National Convention**, July 6-9, 2016, Denver, Colorado. Jon Nothnagel will organize a fund drive to raise funds for NAMI National Convention scholarships for NAMI Yakima members to attend the Convention.

### **EDUCATION/SUPPORT COMMITTEES REPORT (Presented by Deanna Roy)**

\* Next Facilitators Meeting is Tuesday, February 16, 2016, 5:00-7:00 pm, at CWCMH in C104 to schedule winter classes. All teachers, facilitators, and mentors will need to be present.

\*LaCasa Hogar regarding bilingual NAMI classes: Kellie Crabb spoke to Laura Armstrong and discovered that they were closed until the New Year.

### **Signature Programs presented by Deanna Roy**

\*Peer to Peer: Winter class Thursdays, 1/14/16-3/17/16, 3:30-5:30pm in F117, Deanna Roy, Jon Nothnagel, & \_\_.

\*Family to Family: Winter class Thursdays, 1/7/16-3/24/16, Auditorium, Linda Ovall, Kellie Crabb, & Dick Paddock.

\*Basics: Taking names for next course. 1 signed up.

\*Homefront: Taking names for next course.

~The following attendance numbers are total numbers of people for the month of December:

\*Connection Support Group: AM \_6\_ attending, PM \_18\_ attending, Grandview \_13\_ attending, 1North \_9\_ attending.

\*Family Support Group: Yakima \_8\_ attending. Moxee \_4\_ attending, Grandview \_3\_ attending

\*Suicide Support Group: 1<sup>st</sup> Monday \_6\_ attended, 2<sup>nd</sup> Monday \_1\_ attended, and 3<sup>rd</sup> Monday \_0\_ attended, 4<sup>th</sup> Monday \_0\_. 3<sup>rd</sup> Monday was cancelled due to snow and 4<sup>th</sup> Monday was cancelled because Wellness House was closed. Starting in February SSG has to change the time from 2<sup>nd</sup> & 4<sup>th</sup> Mondays 12:00-1:30pm to 10:00-11:30am due to conflicting groups at Wellness House.

### **Speaking Engagements presented by Deanna Roy:**

\*In Our Own Voice will be presented by Kellie Crabb and Emily Zushi on 1/19/16 for the ASPEN Crime Victims Advocacy Group.

\*Say It Out Loud: In development stage, but progressing. Spoke with students from Eisenhower High School Interact Club and they are interested in talking more about the program.

### **Training Schedule/Applications for NAMI Signature Programs presented by Deanna Roy:**

\*Deanna Roy is applying to become a state trainer in In Our Own Voice and Peer to Peer. NAMI WA is choosing only 2 people for each course from Washington state to attend. Kellie Crabb has written the letter of recommendations for the applications.

\*We have tentative training dates from NAMI WA but they are all subject to change.

\*Family to Family training January 22-24, 2016: Deanna Roy & Marsha Rush have applied.

\*Family Support Group February 20-21

\*Connection Recovery Support Group March 5-6

\*Ending the Silence April 9-10

\*Homefront April 30-May 1

\*In Our Own Voice May 14-15

\*Parents and Teachers as Allies June 18

\*Peer to Peer September 16-18

\*Basics October 14-16

### **Claxon University Fellowship presented by Deanna Roy.**

Kellie Crabb, Deanna Roy, Jon Nothnagel & Annie Bringloe have created a Strategic Plan.

Top 3 Organizational Goals for the next 2-3 years):

1. Increase Funds
2. Expand Membership

### 3. Increase Programs Offered

Top 3 Marketing Objectives for the Coming Year:

1. Raise \$10,000
2. Recruit 36 new members by 9/30/16
3. Provide Classes Quarterly and Double Support Groups.

### **ADVOCACY COMMITTEE REPORT (Presented by Annie Bringloe)**

Advocacy Committee Meeting on Thursday, December 17, 2015, 5:30-7:00 pm was cancelled due to weather and rescheduled for Tuesday, January 5, 2016, 5:00-6:30pm. The next meeting is \***NAMI DAY 2016** is Monday, January 18, 2016 (MLKJr Day) in Olympia. The Committee will collaborate with NAMI Washington and organize a group from NAMI Yakima to attend NAMI DAY 2016 to meet with elected officials in Olympia. Benine McDonnell has made the appointments with the representatives. NAMI Southwest Washington has gotten appointments for us to meet with District 14 reps. Going: Deidre Dellinger, Benine McDonnell, Annie Bringloe, Jon Nothnagel.

### **OLD BUSINESS (Presented by Kellie Crabb)**

\*Read letter from Dan Newhouse.

\*Read letter from Ken Irwin

\*Discuss adding 2 more board members: Ann Pratt & Rebecca Brink.

~Motion made by Annie Bringloe to add Ann Pratt and Rebecca Brink to the Board of Directors of NAMI Yakima effective January 15, 2016. Seconded by Lynni Serrata. Passed unanimously.

### **NEW BUSINESS (Presented by Deanna Roy)**

\*Meeting with Rick Weaver, CEO CWCMH, 1/12/16, 8:30-9:30am with Jon Nothnagel and Deanna Roy. Items discussed Money for Brochures, Long Distance, Stepping Up Initiative, and Space. Rick said we would be notified in the next week about how large of a financial gift NAMI Yakima would be receiving from CWCMH. He said he would take care of getting us long distance. Rick was interested in the Stepping Up Initiative and was going to look into the details. We informed him that we would be interested in participating.

\*Stepping Up Initiative: Jon Nothnagel & Annie Bringloe is interested in being on the team

### **AGENDA FOR NEXT MEETING**

\*Deanna Roy suggested asking John Klingele to teach a class on Roberts Rules to the 2015-2016 Board of Directors.

### **ADJOURNMENT**

Meeting was adjourned at \_5:22\_pm by Jon Nothnagel. The next Board Meeting will be at \_4:00\_pm on February 9, 2016, at Central Washington Comprehensive Mental Health, Board Room.

The next Executive Board Meeting will be Wednesday, January 27, 2016, 12:30-1:30pm.

**IMPORTANT DATES**

Executive Board Meeting, Wednesday, January 27, 2016, 12:30-1:30pm

Fund Sustainability Meeting, Tuesday, January 19, 2016, 5:30-7pm

Board Meeting, Tuesday, February 9, 2016, 4:00pm-5:30pm, CWCMH Board Room

Facilitator Meeting, Tuesday, February 16, 2015, 5-7pm, CWCMH, C104

NAMI National Convention July 6-9, 2016, in Denver, Colorado.

NAMI WA Convention September 30-October 2, 2016, in Port Angeles, WA

X

Secretary/Date

X

President/Date