



**YAKIMA**

Board Meeting Agenda/Minutes  
12/8/15 Tuesday, December 8, 2015

**OPENING**

The regular board meeting of NAMI-Yakima was called to order at \_4:08\_pm on 12/8/15 Tuesday, at Central Washington Comprehensive Mental Health in Yakima by Kellie Crabb.

**ROLL CALL:** X=Present, A=Absent, E=Excused

Kellie Crabb	<input checked="" type="checkbox"/>	Jon Nothnagel	<input checked="" type="checkbox"/>	Lynni Serrata	<input checked="" type="checkbox"/>	Deanna Roy	<input checked="" type="checkbox"/>
Annie Bringloe	<input checked="" type="checkbox"/>	Linda Ovall	<input checked="" type="checkbox"/>	Kate Foddrill	<input type="checkbox"/> E	Terry Archer	<input checked="" type="checkbox"/>
Paul Rush	<input type="checkbox"/> A	Dick Paddock	<input checked="" type="checkbox"/>	Benine McDonnell	<input checked="" type="checkbox"/>		

**Notes:**

**OBSERVERS:** Rebecca Brink, Ann Pratt

**AGENDA**

Approve Minutes	Deanna Roy
Treasurer Report	Lynni Serrata
Membership Report	Deanna Roy
Volunteer Report	Deanna Roy
Executive Committee Report	Kellie Crabb
Fund Sustainability Report	Jon Nothnagel
*NAMI WALKS 2016	
*Kronstadt Consulting Project	
Education/Support Committee Report	Deanna Roy
*Signature Programs	
*Training Schedule	
*Speaking Engagements	
*Claxon University	
Advocacy Committee Report	Annie Bringloe
*NAMI DAY 2016	
*CIT Training	
Old Business	Kellie Crabb
New Business	Kellie Crabb
Agenda for Next Meeting	Kellie Crabb
Adjournment	Kellie Crabb

### **APPROVAL OF MINUTES (Secretary Deanna Roy)**

The minutes of the previous meeting presented by Deanna Roy.

~Motion to approve the minutes as amended by \_Annie Bringloe \_ and seconded by \_Jon Nothnagel \_ . Passed unanimously.

### **TREASURER REPORT (Treasurer Lynni Serrata)**

The Treasurer Report presented by Kellie Crabb.

\* FY Ending 9/30/2015 books have been given to Tracy Durel for a financial compilation.

Update: Kellie Crabb and Deanna Roy met with Tracy Durel on December 1, 2015. Tracy has provided a list of changes that need to be made in order to become compliant with Generally Accepted Accounting Procedures for Non Profits. These include how money is tracked within the office and segregation of duties. Chase bank charges a \$15 monthly service fee and Tracy suggested switching to a bank or credit union that does not have monthly service fees. The next meeting with Tracy is December 22, 2015 to review the progress of the suggested changes.

\*United Way visit on November 16, 2015 and were very impressed.

### **MEMBERSHIP REPORT (Liaison/Secretary Deanna Roy)**

Membership as of \_November 30, 2015: \_19\_ **Open Door** and \_46\_ **Regular** for a total of \_65\_ **Members**.

### **VOLUNTEER REPORT (Presented by Deanna Roy)**

Bring ideas for Volunteer Recognition Event to the January meeting.

### **EXECUTIVE COMMITTEE REPORT (Presented by Kellie Crabb)**

Next Executive Committee Meeting is Tuesday, December 22, 2015, 5:30-7:00pm.

The minutes of the December 7, 2015 Executive Committee Meeting were read by Secretary Deanna Roy.

### **FUND SUSTAINABILITY REPORT (Presented by Jon Nothnagel)**

Next Fund Sustainability Committee Meeting to be determined.

#### **NAMI Walks**

NAMI WALKS 2016 is Saturday, June 4, 2016.

#### **Kronstadt Consulting Project**

The Project is to watch the thumb drive Seminar by Elizabeth Fitzgerald and make a presentation to the Board of Directors. The Committee watched the presentation on November 13, 2015 and decided that the service that E. Fitzgerald is offering with Kronstadt Consulting is not something that NAMI Yakima needs at this time because NAMI.org and NAMI WA provides this through NAMI Walks.

**NAMI National Convention**, July 6-9, 2016. Jon Nothnagel will organize a fund drive to raise funds for NAMI National Convention scholarships for NAMI Yakima members to attend the Convention.

### **EDUCATION/SUPPORT COMMITTEES REPORT (Presented by Deanna Roy)**

\*Facilitators Meeting Tuesday, November 17, 2015, Winter Courses set and Calendar. Next Facilitators Meeting is Tuesday, February 16, 2016, 5:00-7:00 pm, at CWCMH in C104 to schedule winter classes. All teachers, facilitators, and mentors will need to be present.

\*SAFE Training, Thursday, December 3, 2015, 7:00-8:30pm, CWCMH Auditorium, 19 attendees.

\*LaCasa Hogar will be meeting on either December 14 or 15, 2015 with Kellie Crabb, Jon Nothnagel, & Deanna Roy to discuss bilingual NAMI classes.

### **Signature Programs presented by Deanna Roy**

\*Peer to Peer: Offering 2 classes 1) Mondays, 7-9pm, 10/19/15-12/21/15, 5 attending and 2) Tuesdays and Thursdays, 1-3pm, 10/20/15-11-17/15, 2 graduated. Winter class Thursdays, 1/14/16-3/17/16, 3:30-5:30pm in F117, Deanna Roy, Jon Nothnagel, & \_\_\_\_.

\*Family to Family: Wednesdays, 6:30-8:30pm, 10/14/15-12/22/15, 9 attending. Winter class Thursdays, 1/7/16-3/24/16, Auditorium, Linda Ovall, Kellie Crabb, & Dick Paddock.

\*Basics: Taking names for next course. 1 signed up.

\*Homefront: Taking names for next course.

~The following numbers are total number of people for the whole month instead of the average.

\*Connection Support Group: AM \_10\_ attending, PM \_10\_ attending, Grandview \_5\_ attending, 1North \_23\_ attending.

\*Family Support Group: Yakima \_14\_ attending. Moxee \_0\_ attending, Grandview \_0\_ attending

\*Suicide Support Group: 1<sup>st</sup> Monday \_2\_ attended, 1<sup>st</sup> Wednesday \_4\_ attended, and 3<sup>rd</sup> Wednesday \_4\_ attended. Starting in December SSG will meet 1<sup>st</sup> & 3<sup>rd</sup> Mondays 5:30-7:00pm and 2<sup>nd</sup> & 4<sup>th</sup> Mondays 12:00-1:30pm.

\*Say It Out Loud: In development stage, but progressing. Spoke with students from Eisenhower High School Interact Club and they are interested in talking more about the program.

### **Training Schedule/Applications for NAMI Signature Programs presented by Deanna Roy:**

\*Homefront 2 hour Training, 11/16/15 Robyn Johnson is now trained.

\*We have tentative training dates from NAMI WA but they are all subject to change.

### **Speaking Engagements presented by Deanna Roy:**

\*1 North, Memorial Hospital, \_November 25, 2015\_, Deanna Roy and Kellie Crabb presented IOOV to 7 staff and patients.

### **Claxon University Fellowship presented by Deanna Roy.**

Kellie Crabb, Deanna Roy, Jon Nothnagel & Annie Bringloe have taken a break from meeting weekly but will begin meeting weekly Thursday, 12/10/15. The current assignment requires a Strategic Plan which they are developing.

### **ADVOCACY COMMITTEE REPORT (Presented by Annie Bringloe)**

Advocacy Committee Meeting met Monday, November 23, 2015, 5:30-7:00 pm at CWCMH room C104 to create subcommittees and NAMI Day 2016

\***NAMI DAY 2016** is Monday, January 18, 2016 (MLKJr Day) in Olympia. The Committee will collaborate with NAMI Washington and organize a group from NAMI Yakima to attend NAMI DAY 2016 to meet with elected officials in Olympia. Mary Stephenson attended the “Legislative Preview: A guide to the top health issues facing the 2016 Washington Legislature” on November 10, 2015 in Seattle.

\***Washington Behavioral Health Conference** NAMI Yakima submitted a presentation application on 12/7/2015. Presentation title is NAMI In Our Own Voice: Living with Mental Illness. Presenters Deanna Roy and Kellie Crabb. Selection notification will be in February.

\***CIT Training**, YPD Training Center, 11/5/15-40 trained, 11/6/15-58 trained, 11/19/15-50 trained, 11/20/15-67 trained for a total of 215 officers trained from Yakima PD, Yakima County Sheriff, Wapato PD, Tieton PD, Selah PD, Moxee PD, Union Gap PD, Washington State Patrol, Ellensburg PD, & Westport PD. Every officer has to have 8 hours of CIT training by July, 2017.

\*Annie Bringloe is stepping down as Advocacy Committee Chair due to health issues but will remain a member of the committee. The committee will choose a new Committee Chair at the December 17, 2015, 5:30-7pm at CWCMH in Room C104.

### **OLD BUSINESS (Presented by Kellie Crabb)**

\*De-Certification of Doug Renaud: November 16, 2015 Kellie Crabb wrote and mailed a letter to Doug Renaud notifying him that the NAMI Yakima Board of Directors reviewed his de-certification as a program leader and the Board of Directors voted to uphold the original decision made by the Executive Board.

### **NEW BUSINESS (Presented by Kellie Crabb)**

\*Resignation of Lynni Serrata as Board Treasurer received December 7, 2015 effective December 31, 2015. Lynni will remain on the Board of Directors for the remainder of her term which expires 9/30/2017.

\*Nominate and Appoint a new Treasurer to fill the term 1/1/16-9/30/17.

~Motion made by Benine McDonnell to nominate Terry Archer as Treasurer of NAMI Yakima for the term 1/1/2016-9/30/17. Seconded by Dick Paddock. Passed unanimously.

\*NAMI National Convention, July 6-9, 2016. Jon Nothnagel will organize a fund drive to raise funds for NAMI National Convention scholarships for NAMI Yakima members to attend the Convention.

### **AGENDA FOR NEXT MEETING**

\*Deanna Roy suggested asking John Klingele to teach a class on Roberts Rules to the 2015-2016 Board of Directors.

\*Discuss adding 2 more board members: Ann Pratt & Rebecca Brink.

### **ADJOURNMENT**

Meeting was adjourned at \_5:35\_pm by Kellie Crabb. The next Board Meeting will be at \_4:00\_pm on January 12, 2016, at Central Washington Comprehensive Mental Health, Board Room.

The next Executive Board Meeting will be Tuesday, December 22, 2015, 5:30-6:30pm.

**IMPORTANT DATES**

Executive Board Meeting, Tuesday, December 22, 2015, 5:30-6:30 pm

Board Meeting, Tuesday, January 12, 2016, 4:00pm-5:30pm, CWCMH Board Room

Facilitator Meeting, Tuesday, February 16, 2015, 5-7pm, CWCMH, C104

NAMI National Convention July 6-9, 2016 in Denver, Colorado.

X

\_\_\_\_\_  
Secretary/Date

X

\_\_\_\_\_  
President/Date