



**YAKIMA**

Board Meeting Agenda/Minutes  
2/9/16 Tuesday, February 9, 2016

**OPENING**

The regular board meeting of NAMI-Yakima was called to order at \_4:08\_pm on 2/9/16 Tuesday, at Central Washington Comprehensive Mental Health in Yakima by Jon Nothnagel.

**ROLL CALL:** X=Present, A=Absent, E=Excused

Kellie Crabb	<input type="checkbox"/> E	Jon Nothnagel	<input type="checkbox"/> x	Terry Archer	<input type="checkbox"/> x	Deanna Roy	<input type="checkbox"/> x
Annie Bringloe	<input type="checkbox"/> x	Linda Ovall	<input type="checkbox"/> x	Kate Foddrill	<input type="checkbox"/> A	Lynni Serrata	<input type="checkbox"/> E
Paul Rush	<input type="checkbox"/> x	Dick Paddock	<input type="checkbox"/> A	Benine McDonnell	<input type="checkbox"/> x		
Rebecca Brink	<input type="checkbox"/> E	Ann Pratt	<input type="checkbox"/> x				

**Notes:**

**OBSERVERS:**

**AGENDA**

Approve Minutes	Deanna Roy
Treasurer Report	Terry Archer
Membership Report	Deanna Roy
Volunteer Report	Deanna Roy
Executive Committee Report	Deanna Roy
Fund Sustainability Report	Jon Nothnagel
Education/Support Committee Report	Deanna Roy
Advocacy Committee Report	Annie Bringloe
Old Business	Jon Nothnagel
New Business	Jon Nothnagel
Agenda for Next Meeting	Jon Nothnagel
Adjournment	Jon Nothnagel

**APPROVAL OF MINUTES (Presented by Secretary Deanna Roy)**

The minutes of the previous meeting presented by Deanna Roy.

~Motion to approve the minutes as amended by \_Paul Rush\_ and seconded by \_Terry Archer \_.  
Passed unanimously.

**TREASURER REPORT (Presented by Treasurer Terry Archer)**

The Treasurer Report presented by Terry Archer.

\* FY Ending 9/30/2015 books have been given to Tracy Durel for a financial compilation.

Update: Final review appointment February 4, 2016, in attendance were Jon Nothnagel, Terry Archer, Deanna Roy, and Tracy Durel.

\*December 28, 2015 NAMI Yakima opened a checking/debit/savings account with Solarity Credit Union, on January 28, 2016 the Chase Account was closed.

\*IRS 990N filed February 8, 2016 by Deanna Roy.

\*Amended Annual Budget for review and approval of Board of Directors. Because the annual budget needs adjustments, Terry Archer recommends that we post pone the approval of annual budget until the March 8<sup>th</sup> Board Meeting. Ann Pratt suggested that we prevent any further delays of the approval.

Terry Archer asked that the March 8<sup>th</sup> Board Meeting be moved up to 3:30pm to enable us to properly go through the budget line by line.

~Motion made by Annie Bringloe to postpone the approval of the annual budget until the March 8<sup>th</sup> Board Meeting with the understanding that additional delays for approving the budget will not be approved. Seconded by Benine McDonnell. Passed unanimously.

**MEMBERSHIP REPORT ( Presented by Liaison/Secretary Deanna Roy)**

Membership as of \_January 29, 2015: \_25\_ **Open Door** and \_50\_ **Regular** for a total of \_75\_ **Members.**

**VOLUNTEER REPORT (Presented by Deanna Roy)**

\* Volunteer Recognition Event Brainstorm. Board decided to postpone this conversation until February. Discussion of not having time in the February and March board meetings to address this topic.

~Motion made by Jon Nothnagel to postpone the Volunteer Recognition Event Brainstorm until the April board meeting. Seconded by Benine McDonnell. Passed unanimously.

**EXECUTIVE COMMITTEE REPORT (Presented by Deanna Roy)**

Next Executive Committee Meeting is Wednesday, February 24, 2016, 12:30-1:30pm.

The January 27, 2016 Executive Committee Meeting time was used for paying bills. The Executive Board will meet again on February 4, 2016 with Tracy Durel to go over the Financial Compilation (see Treasurer Report).

**FUND SUSTAINABILITY REPORT (Presented by Jon Nothnagel)**

Next Fund Sustainability Committee Meeting to be Tuesday, February 9, 2016, 6:00-7:30pm, Board Room.

March Fund Sustainability Committee Meeting to be Tuesday, March 15, 2016, 4:00-5:30pm, C104.

\***NAMI Walks** 2016 is Saturday, June 4, 2016. Team NAMI Yakima: Jon Nothnagel, Deanna Roy, Tina Gamet, and Michelle Chavez. Team NAMI Yakima Goal is \$20,000; Tina Gamet has raised \$101 to date. The Committee has reached out to PNWU, Tree Top, and Memorial Hospital as corporate sponsors.

\***NAMI National Convention**, July 6-9, 2016, Denver, Colorado. Jon Nothnagel will organize a fund drive to raise funds for NAMI National Convention scholarships for NAMI Yakima members to attend the Convention. This project will begin after the NAMI Walks is underway and needs less of Jon's time.

-Deanna Roy noted that she and Larry have frequent flier miles to pay for themselves to attend the convention but would still need to come up with the convention tickets, food and hotel costs for the week.

### **EDUCATION/SUPPORT COMMITTEES REPORT (Presented by Deanna Roy)**

\* Next Facilitators Meeting is Tuesday, February 16, 2016, 5:00-7:00 pm, at CWCMH in C104 to schedule spring classes. All teachers, facilitators, and mentors will need to be present.

\*LaCasa Hogar regarding bilingual NAMI classes: Kellie Crabb spoke to Laura Armstrong and discovered that they were closed until the New Year. No updates.

### **Signature Programs presented by Deanna Roy**

\*Peer to Peer: Winter class Thursdays, 1/14/16-3/17/16, 3:30-5:30pm in F117, Deanna Roy & Jon Nothnagel. 7 attending.

\*Family to Family: Winter class Thursdays, 1/7/16-3/24/16, Auditorium, Linda Ovall, Deanna Roy, Marsha Rush, & Dick Paddock. 9 attending.

\*Basics: Taking names for next course. 1 signed up.

\*Homefront: Taking names for next course.

~The following attendance numbers are total numbers of people for the month of January:

\*Connection Support Group: AM 9 attending, PM 7 attending, Grandview ? attending, 1North 10 attending.

\*Family Support Group: Yakima 12 attending. Moxee 6 attending, Grandview ? attending

\*Suicide Support Group: 1<sup>st</sup> Monday 4 attended, 2<sup>nd</sup> Monday 1 attended, and 3<sup>rd</sup> Monday 0 attended, 4<sup>th</sup> Monday 1. 3<sup>rd</sup> Monday was cancelled because Wellness House was closed for Martin Luther King Jr Holiday. Starting in February SSG has to change the time from 2<sup>nd</sup> & 4<sup>th</sup> Mondays 12:00-1:30pm to 10:00-11:30am due to conflicting groups at Wellness House.

### **Speaking Engagements presented by Deanna Roy:**

\*In Our Own Voice:

- Presented by Kellie Crabb and Deanna Roy on 1/19/16 for the ASPEN Crime Victims Advocacy Group 8 attended.

-Tuesday, March 22, 2016, 6:30-8:30pm, EVHS Life Savers Event: Deanna Roy and Jon

Nothnagel to present IOOV; need at least 2 more people to help at the booth. Volunteers for the event are: Ann Pratt, Annie Bringloe, Tina Gamet, Becky Brink.

\*Nonprofit Fair, February 24, 2016, 5:30-7:30pm, Yakima Valley Museum: Need 2 volunteers to run the booth. Jon Nothnagel, \_\_\_\_\_. Deanna will work on finding a second person or finding someone to cover Family Support Group that night so she can attend with Jon.

### **Training Schedule/Applications for NAMI Signature Programs presented by Deanna Roy:**

\*Deanna Roy is applying to become a state trainer for In Our Own Voice and Peer to Peer.

\*Family to Family training January 22-24, 2016: Deanna Roy & Marsha Rush completed training.

\*Family Support Group February 20-21, 2016: Jon Nothnagel and Larry Roy have applied.

\*Connection Recovery Support Group March 5-6

\*Ending the Silence April 9-10

\*Homefront April 30-May 1

\*In Our Own Voice May 14-15

\*Parents and Teachers as Allies June 18

\*Peer to Peer September 16-18

\*Basics October 14-16

### **Claxon University Fellowship presented by Deanna Roy.**

Kellie Crabb, Deanna Roy, Jon Nothnagel & Annie Bringloe have created a Strategic Plan. The course completion deadline is February 16, 2016. The group needs to finish Class 10, 11, and 12.

### **ADVOCACY COMMITTEE REPORT (Presented by Annie Bringloe)**

Advocacy Committee Meeting is March 1, 2016, 12-1pm, Room A119.

Report of Meeting on February 2, 2016:

-NAMI DAY 2016, Monday, January 18, 2016 (MLKJr Day) in Olympia, attended by Benine McDonnell, Annie Bringloe, Jon Nothnagel, and Rey Bonus met with District 13, 14, & 15 representatives.

-Mary Stephenson has agreed to serve as co-chair with Annie Bringloe.

### **OLD BUSINESS (Presented by Jon Nothnagel)**

\*2016 Washington Behavioral Healthcare Conference Workshop Proposal denial letter received February 2, 2016.

### **NEW BUSINESS (Presented by Jon Nothnagel)**

\*Washington NonProfit Learning Events

February 11 (Online) The S Word: In Pursuit of Sustainability (Attending: Deanna Roy, Jon Nothnagel)

February 18 (Call) What You Need to Know to Serve on a Nonprofit Board (Attending: Deanna Roy, Jon Nothnagel)

February 25 (Online) Finance Unlocked Webinar: Nonprofit Finance 101 (Attending: Jon

Nothnagel)

March 3 (Online) QuickBooks for Existing Nonprofit Users (Attending: Deanna Roy, Jon Nothnagel)

March 8 (YV Museum) Ask, Thank, Report, Repeat: Repeating Well (We may not qualify for this, it says it is Part 4 and we have not attended Parts 1-3.)

March 23 (YV Museum) Board in Gear Training (Attending: Ann Pratt)

\*Lauren Simonds will be coming to the NAMI Yakima office on March 7<sup>th</sup> to review our office procedures. Do we want to move our March 8<sup>th</sup> meeting to March 7<sup>th</sup> so the board can meet Lauren? The decided to hold a meet and greet with Lauren and the Board on March 7, 2016, 4-5pm. Jon will make contact later this month to organize the refreshments. Deanna has reserved the Auditorium. Set up is 3-4pm; Meet and Greet 4-5pm.

\*NAMI WA State Conference Workshop Proposals. After hearing the description of what NAMI WA is looking for, the Board discussed whether NAMI Yakima had anything to offer. No one had any ideas.

\*Annie Bringle brought it to the Board's attention that the Legends Casino Grant Application is due in March. Mary Stephenson is working on our proposal.

\*Ann Pratt is asking the Board to attend Paper Tigers Documentary showing coming up in March. Details will be provided later regarding date and time.

### **AGENDA FOR NEXT MEETING (Presented by Jon Nothnagel)**

### **ADJOURNMENT**

Meeting was adjourned at \_5:56\_pm by Jon Nothnagel. The next Board Meeting will be at \_3:30\_pm on March 8, 2016, at Central Washington Comprehensive Mental Health, Board Room.

The next Executive Board Meeting will be Wednesday, February 24, 2016, 12:30-1:30pm.

### **IMPORTANT DATES**

Facilitator Meeting, Tuesday, February 16, 2015, 5-7pm, CWCMH, C104

Executive Board Meeting, Wednesday, February 24, 2016, 12:30-1:30pm

Meet & Greet with Lauren Simonds, Exec Director NAMI WA, March 7, 4-5pm, Auditorium

Board Meeting, Tuesday, March 8, 2016, 3:30pm-5:00pm, CWCMH Board Room

Fund Sustainability Meeting, Tuesday, March 15, 2016, 5:30-7pm

NAMI National Convention July 6-9, 2016, in Denver, Colorado.

NAMI WA Convention September 30-October 2, 2016, in Port Angeles, WA

X

\_\_\_\_\_  
Secretary/Date

X

\_\_\_\_\_  
President/Date