



**YAKIMA**

Board Meeting Agenda/Minutes  
4/13/16 Wednesday, April 13, 2016

**OPENING**

The regular board meeting of NAMI-Yakima was called to order at \_4:31\_pm on 4/13/16 Wednesday, at Central Washington Comprehensive Mental Health in Yakima by Jon Nothnagel.

**ROLL CALL:** X=Present, A=Absent, E=Excused

Jon Nothnagel <input checked="" type="checkbox"/>	(Vice President) <input type="checkbox"/>	Terry Archer <input checked="" type="checkbox"/>	Deanna Roy <input checked="" type="checkbox"/>
Annie Bringloe <input checked="" type="checkbox"/>	Linda Ovall <input checked="" type="checkbox"/>	Lynni Serrata <input checked="" type="checkbox"/>	Paul Rush <input checked="" type="checkbox"/>
Dick Paddock <input type="checkbox"/> E	Benine McDonnell <input checked="" type="checkbox"/>	Rebecca Brink <input checked="" type="checkbox"/>	Ann Pratt <input checked="" type="checkbox"/>
Mary Stephenson <input checked="" type="checkbox"/>			

**Notes:**

**OBSERVERS:**

**AGENDA**

Approve Minutes	Deanna Roy
Executive Committee Report	Deanna Roy
Treasurer Report	Terry Archer
Membership Report	Deanna Roy
Volunteer Report	Deanna Roy
Fund Sustainability Report	Jon Nothnagel
Education/Support Committee Report	Deanna Roy
Advocacy Committee Report	Annie Bringloe
Old Business	Jon Nothnagel
New Business	Jon Nothnagel
Agenda for Next Meeting	Jon Nothnagel
Adjournment	Jon Nothnagel

After attending the Boards In Gear Training, the Board discussed adding a Consent Agenda to speed up the business portion of the Board Meetings.

~Annie Bringloe moves that the consent agenda will contain the Approval of the Minutes, Signature Program Statistics, and the Advocacy Committee Report. Seconded by Benine McDonnell. Passed unanimously

### **CONSENT AGENDA**

#### **1. APPROVAL OF MINUTES (Presented by Secretary Deanna Roy)**

The minutes of the previous meeting presented by Deanna Roy.

~Motion to approve the minutes as amended by \_Mary Stephenson \_ and seconded by \_Annie Bringloe \_ . Passed unanimously.

#### **2. Signature Programs Statistics (Presented by Deanna Roy)**

\*Peer to Peer: Winter class Thursdays, 1/14/16-3/17/16, 3:30-5:30pm in F117, Deanna Roy & Jon Nothnagel. 4 Graduated.

\*Family to Family: Winter class Thursdays, 1/7/16-3/24/16, Auditorium, Linda Ovall, Deanna Roy, & Marsha Rush. 9 Graduated.

\*Basics: Taking names for next course.

\*Homefront: Taking names for next course.

~The following attendance numbers are total numbers of people for the month of March:

\*Connection Support Group: 1North \_18\_ attended, AM \_13\_ attended, PM \_19\_ attended, Grandview \_18\_ attended.

\*Family Support Group: Moxee \_2\_ attended, Yakima \_21\_ attended, Grandview \_0\_ attended

\*Suicide Support Group: 1<sup>st</sup> Monday \_1\_ attended, 2<sup>nd</sup> Monday \_0\_ attended, and 3<sup>rd</sup> Monday \_2\_ attended, 4<sup>th</sup> Monday \_3\_.

#### **3. ADVOCACY COMMITTEE REPORT (Presented by Annie Bringloe)**

Advocacy Committee Meeting is May 26, 2016, 12-1:30pm, Room A119.

#### **EXECUTIVE COMMITTEE REPORT (Presented by Deanna Roy)**

Next Executive Committee Meeting is Wednesday, April 27, 2016, 12:30-1:30pm.

\*Minutes read by Deanna Roy from March 25, 2016 Executive Committee Report.

**TREASURER REPORT (Presented by Treasurer Terry Archer)**

Month/Year Ending <b>March, 2016</b>	Checking Account	Debit Account	Savings Account
Beginning Balances	1959.44	61.61	5.00
Total Amounts Deposited (+)	3071.67	468.39	0
Total Amounts Paid Out (-)	687.64	381.03	0
Ending Balances	4343.47	148.97	5.00

Notes:

\* FY Ending 9/30/2015 books have been given to Tracy Durel for a financial compilation.

Update: Tracy is waiting for the amended approved annual budget to complete the financial compilation. Tracy met with Benine McDonnell and Deanna Roy on 3/7/16 and helped get the QuickBooks streamlined. With Lauren Simonds and Tracy's help Benine updated the Chart of Accounts; went back to October 1, 2015 and updated entries; input December through March into QuickBooks in that same updated manner; reconciled bank statements December through March; produced Profit & Loss and Balance Sheets for October through March for the Board of Directors. Benine has reported that she is still working on cleaning up QuickBooks and that Tracy will be coming into the office the week of April 18-22 to assist with the clean-up.

\*Yakama Nation Legends Casino grant application mailed 3/16/16. Thank you Mary Stephenson for all the hard work.

**MEMBERSHIP REPORT (Presented by Liaison/Secretary Deanna Roy)**

Membership as of \_March 31, 2016: \_24\_ **Open Door** and \_47\_ **Regular** for a total of \_71\_ **Members**.

**VOLUNTEER REPORT (Presented by Deanna Roy)**

\* Volunteer Recognition Event Brainstorm. The Board has decided to include Volunteer Recognition in the Annual Membership Meeting.

**FUND SUSTAINABILITY REPORT (Presented by Jon Nothnagel)**

Next Fund Sustainability Committee Meeting to be Tuesday, April 20, 2016, 4:00-5:30pm, C104.

\***NAMI Walks** 2016 is Saturday, June 4, 2016, Team NAMI Yakima: Goal \$20,000: \_\$449.40\_ raised by \_12\_ team members. Board Members should visit [www.namiwalks.org/team/yakima](http://www.namiwalks.org/team/yakima) to register as a walker or to make a donation.

~Letter from Yakima Valley Memorial Hospital about \$1,000 donation.

**\*NAMI National Convention**, July 6-9, 2016, Denver, Colorado. The Executive Board has decided there will be no scholarships for attending the NAMI Convention this year.

### **EDUCATION/SUPPORT COMMITTEES REPORT (Presented by Deanna Roy)**

\* Next Facilitators Meeting is Tuesday, May 17, 2016, 5:00-7:00 pm, at CWCMH in C104 to schedule classes. All teachers, facilitators, and mentors should be present.

\*LaCasa Hogar regarding bilingual NAMI classes: Deanna Roy has left messages with Laura Armstrong. No updates.

\*May is Mental Health Month and May 5, 2016 is National Children's Mental Health Awareness Day – show “Inside Out” to the public, Saturday, May 14, 2016 Committee Chairs Annie Bringloe and Linda Ovall will find a location, organize popcorn, juice, candy, and fliers, then contact CFCS, Casey, Comprehensive, and all other relevant family locales.

### **Speaking Engagements presented by Deanna Roy:**

\*In Our Own Voice:

-Tuesday, March 22, 2016, 6:30-8:30pm, EVHS Life Savers Event “Hope For A Future”:  
Deanna Roy and Jon Nothnagel to present IOOV; 39 attended.

\*CIT Training in Toppenish. Presenters: Jon Nothnagel, Mary Stephenson, and Paul Rush; 30 Law Enforcement Officers attended.

### **Training Schedule/Applications for NAMI Signature Programs presented by Deanna Roy:**

\*Ending the Silence April 9-10: sending no one

\*Homefront April 30-May 1: sending no one

\*In Our Own Voice May 14-15: Tina Gamet

\*Parents and Teachers as Allies June 18: Need a 4-person team comprised of Education Moderator (background in education) \_Mary Stephenson, Marsha Rush?, Colleen Schilperoort?, Darrel Fortune?, Robin Johnson?\_, Presenter (Current F2F or Basics teacher) \_Deanna Roy, \_, Parent (of child or youth with symptoms while in school) \_ Linda Ovall\_, Individual Living with Mental Illness \_Jon Nothnagel, Annie Bringloe\_.

\*Peer to Peer September 16-18: Tina Gamet, Lupe Macias (bilingual Spanish)

\*Basics October 14-16

### **Boards in Gear Training**

March 23, 2016, 1-5pm (YV Museum) (Registered: Jon Nothnagel, Deanna Roy, Terry Archer, Annie Bringloe, Linda Ovall, Lynni Serrata, Dick Paddock, Paul Rush, Benine McDonnell, Rebecca Brink, & Ann Pratt. Absent: Benine McDonnell, Rebecca Brink.)

### **Nominating Committee**

“A three-member Nominating Committee, to establish a list of prospective Officers and Board Members, shall be appointed by the President in April of each year. The nominating committee will actively seek applications from qualified candidates recognizing that diversity is a strength of the organization” (NAMI Yakima Bylaws, 2015).

Deanna Roy, Annie Bringloe, and Linda Ovall's 2 year terms expire September 30, 2016. Linda

Ovall is retiring. Deanna Roy, Annie Bringloe will continue in their current positions for another 2-year term to expire September 30, 2018. Nominating Committee will consist of Terry Archer, Paul Rush, Rebecca Brink

**OLD BUSINESS (Presented by Jon Nothnagel)**

\*Appointment of new Vice President.

Paul Rush made a motion to appoint Mary Stephenson as Vice President. Seconded by Lynni Serrata. Passed unanimously. Mary Stephenson accepted.

**NEW BUSINESS (Presented by Jon Nothnagel)**

\*Board Member representing CWCMH

~John Nothnagel made a motion to have Rick Weaver appoint a member of the CWCMH to sit on NAMI Yakima Board of Directors. Seconded Annie Bringloe. Passed unanimously.

\* Central Washington Conference for Greater Good, Yakima Convention Center, June 2, 2016 7:30-4pm, \$63 1st person, \$48 additional people equaling \$55.50 for each NAMI Yakima Board Member to pay if they want to attend. Board Members wanting to attend: Deanna Roy, Lynni Serrata, Jon Nothnagel. Does anyone want to chip in to pay for Board Members who cannot afford the \$55.50? Annie does not want to go.

\*Need photos for website of Ann Pratt, Rebecca Brink, and Mary Stephenson

**AGENDA FOR NEXT MEETING (Presented by Jon Nothnagel)**

**ADJOURNMENT**

Meeting was adjourned at \_6:30\_pm by Jon Nothnagel. The next Board Meeting will be at \_4:30\_pm on May 11, 2016, at Central Washington Comprehensive Mental Health, Board Room.

The next Executive Board Meeting will be Wednesday, April 27, 2016, 12:30-1:30pm.

**IMPORTANT DATES**

Fund Sustainability Meeting, Wednesday, April 20, 2016, 5:00-6:30pm

Eisenhower High School Health Fair, Thursday, April 21, 2016, 11-12:30pm

Eisenhower High School Mental Illness Awareness 5K, Sunday, April 24, 2016, 11-3pm

Executive Board Meeting, Wednesday, April 27, 2016, 12:30-1:30pm

Board Meeting, Wednesday, May 11, 2016, 4:30pm-6:00pm, CWCMH Board Room

Facilitator Meeting, Tuesday, May 17, 2015, 5-7pm, CWCMH, C104

NAMI National Convention July 6-9, 2016, in Denver, Colorado.

NAMI WA Convention September 30-October 2, 2016, in Port Angeles, WA

X

Secretary/Date

X

President/Date